

Baseball NSW, Sports Camps Australia & Under Armour
invite you to join us this school holidays...



ADVANCED BASEBALL SKILLS CAMP ILLAWONG

30 SEPTEMBER – 2 OCTOBER 2019

The SCA Under Armour Advanced Baseball Camp is a 3 day camp for Division 1 players. It will cover all aspects of the game in the areas of fitness, strength and conditioning to hitting, pitching, base running and fielding.

- SWING ANALYSIS USING VIDEO AND BLAST BAT SENSOR TECHNOLOGY**
- SEE HOW HARD AND FAR YOU HIT THE BALL WITH OUR RAPSODO BALL FLIGHT TECHNOLOGY**
- HAVE ALL OF YOUR ATHLETIC SKILLS ANALYSED WITH THE LATEST TESTING TECHNIQUES**



Call 1800 753 127
or check out the website
sportscampsaustralia.com.au
to find out more