



## Baseball NSW Women's Development Program

The Women's Development Program (WDP) is back, and Baseball NSW will be conducting this winter development program over 8 weeks. The WDP will run from mid-July to early September. This winter program will focus on locking down the fundamentals of the specific positions before progressing into more advanced drills and sessions throughout the 8 weeks. This is Baseball NSW's female only winter program which will be targeted to our open age women's baseball population.

The Women's Development Program strives to enhance the skills of all women's baseball players throughout the State of NSW. Coen Wynne will direct and lead the Women's Development Program and will be assisted by a pool of coaching talent who have experience at multiple levels throughout baseball including NSW state team coaches, Women's state league coaches and Development coaching staff.

Baseball NSW will conduct the WDP out of Blacktown International Sports Park Diamond 3 at the same time as the other elite programs creating a hub of high-level baseball development. There will be 40 spots available in the WDP and it will be instructed by 4 of Baseball NSW's coaches.

**Address:** Blacktown International Sports Park  
81 Eastern Rd, Rooty Hill, 2766

### Trial Information

**The trials for both venues will be held at:** Diamond 2, Blacktown International Sports Park  
81 Eastern Rd, Rooty Hill, 2766

**Trial dates will be:** Wednesday 22<sup>nd</sup> of June  
Friday 24<sup>th</sup> of June  
Trials will begin at 6pm

**What to wear and bring to trials:** Baseball Pants  
Any Baseball top (Jersey/ warm up/ practice)  
Cap/ Hat  
Cleats/ Baseball Shoes  
Joggers/ Turfs (no cleats in cages)  
Jacket  
Water Bottle  
Baseball Equipment (Glove, Bat, Helmet, etc.)

## **Age Range for WDP**

There is no age range for the WDP, however all athletes must have birth dates in or before 2008.

## **Training Dates**

The training dates for the Women's Development Program are as below:

July	Mondays	18 <sup>th</sup> , 25 <sup>th</sup>
	Wednesdays	20 <sup>th</sup> , 27 <sup>th</sup>
August	Mondays	1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> , 29 <sup>th</sup>
	Wednesday	3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> , 24 <sup>th</sup> , 31 <sup>st</sup>
September	Mondays	5 <sup>th</sup>
	Wednesday	7 <sup>th</sup>

## **Important Information**

Baseball NSW are excited to announce that we will be integrating some cutting-edge baseball technology that will accompany the EPP and allow players and parents alike to collect and analyse data and metrics on the players swings. Baseball NSW have partnered with Blast Motion to give the athletes in our programs top of the line statistics which will help shape the future of the players and the future Baseball NSW's coaching delivery.

- This cutting-edge technology does come at a price and will be offered as a bonus add on to the cost of the Women's Development Program. The cost of the program alone is approx. \$550, and the price of the program including the Blast Motion Sensor and 1 year license to use their online platform is approx. \$815.
- There will be a non-refundable deposit of \$150 payable by the 27th of June.
- The remaining cost of the program (if you choose to add the Blast Motion package or not) will be payable by the 18th of July.
- Blast Motion packages can be purchased throughout the program if the players or parents change their mind.

If you wish to register for Baseball NSW's Women's Development Program, please follow the link below:

<https://events.mygameday.app/#/event/registration-form/2022bnswwdp>

The cut-off date for registrations is midnight on the 20th of June.