



Leadership Project Management & Change Specialist

Project Lead - Optimisation Hub

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Graziella Thake

B.psych M.psych

NZPS Project Lead PhD Candidate

Graziella Thake (CEO – The Optimisation hub – Project Manager-Change and Human systems specialist) has worked across multiple industries for 33 years. She has lead projects across 26 multinationals inclusive of finance, legal, mining, military, building, infrastructure and government.

Her experience has been international working through the Pacific, Australia, Asia (China, India and Japan) New Zealand, USA, UK, and Germany, working across sectors and leading multi-disciplinary teams, leading and advising projects. Her work has been published and she has been a project lead for projects of up to 1000 participants specialising in high-risk career having a background working with risk mitigation, industry, health, and corrections.

Her people first background has earned her the reputation of being a sought after leader to break ground on industry new approaches, as a speaker, project and program lead for highly skilled operational risk environments using her training systems for risk prevention strategies for teams and professionals in specialist industries.

She has both organisational, project and forensic psychology qualifications and (MA psych Auckland, BA Psych Otago and qualifications in Project management, (specialist projects) Change and risk - 1994). Her thesis specialised in behavioural risk, resilience prevention outcomes.

She serves on 3 boards internationally, contributes to the leadership of the European Union business chamber Australia. and co-leads a project on risk resilience for sport, still working across industry as an advisor and project contributor.



Ben Gollings

Ben is well known in both 15s and 7s rugby with a career well heeled over 12 years in professional rugby and staggering appearances at both Olympic and Commonwealth Games representing and captaining the UK. Gollings is best known for his time with the England national rugby sevens team. Ben is a dedicated master trainer specialising in coaching training and the development of athletes across both the men's and women's forums. He currently trains the rugby 7s and works as an athlete educator.

His passion for coach development and women's professionalism has driven him to help serve the global athlete sector with our prevention programs.

International Master Trainer
Coaching & Education
World Record Holder, High Performance
Coach, Cert IV Personal Training

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OPTIMISATION HUB

THE HOME OF RESILIENCE



Melanie Roche

Melanie is an Australian Olympian with over 20 years experience in leadership, building High Performance Teams, developing team strategy and maintaining a winning performance. She is a highly sought after speaker and coach who delivers inspiring messages about what it takes to evolve to be your best.

Melanie was a professional softball athlete who focused many years on preparing and competing against the best athletes in the world. Throughout her Professional Sporting Career Melanie has developed a myriad of invaluable and transferable personal and interpersonal skills that strongly bind her responsible work ethic to the workforce. The sporting world is a performance world where accountability is of utmost importance.



Melanie was a key member of the Australian Softball team from 1989-2008, participating in numerous international competitions, winning a number of tournaments and various awards for top performance and representation at Olympic Games in 2008 (Bronze Medallist), 2004 (Silver Medallist), 2000 (Bronze Medallist) and 1996 (Bronze Medallist). Her most treasured award is the Australian Spirit Award in 2004 from Softball Australia.

Recent awards include her induction into the 2018 NSW Hall of Champions and the World Baseball Softball Committee Hall of Fame. Mel prides herself on sharing her passion for finding that Spirit within that can drive success both in sport and life.



Melanie was an assistant softball coach responsible for elite skill acquisition, strategy and overall personal development of the teams 'engine room', the pitchers and catchers.

Her company SG Holdings is a group of companies across a wide range of fields including transport and delivery, logistics, real estate, financial and motor with the goal of creating a group synergy indispensable to society. The Corporation's Women's Softball Team is a member of the Japanese Softball Association Division 1 National League.