

## Double plays: Feeds by 2<sup>nd</sup> Short Stop

### 1. Backhand feed (Ball hit some distance to right of SS)



- Field in front of right foot
- Open left leg to target
- Stay low
- Throw face-high to 2B

### 2. Unassisted turn (when fielding DP chance close to 2B)



- Field
- Maintain momentum toward base



- Adjust feet to allow left foot to come down on base as throw is made

## Double plays: Feeds by 2<sup>nd</sup> baseman

### Reverse pivot (Ball hit substantially to right of 2nd baseman)









- Move rapidly to path of ball
- Lower body as you approach
- Field ball to side of body using one hand
- Halt momentum away from base



- Replace feet while turning glove side
- Retain low posture
- Move ball into throwing position simultaneously
- Make a firm face-high throw to SS

## Double plays: Turns by Shortstop

Inside turn (throw to inside of base)

						
<ul style="list-style-type: none"><li>• Right toe on left-field corner of bag</li><li>• Athletic, lively posture</li></ul>	<ul style="list-style-type: none"><li>• Read direction of throw</li></ul>	<ul style="list-style-type: none"><li>• Move right foot out behind path of throw</li></ul>	<ul style="list-style-type: none"><li>• Drag left foot across bag</li></ul>	<ul style="list-style-type: none"><li>• Swivel on right foot</li></ul>	<ul style="list-style-type: none"><li>• Step directly to base</li><li>• Make firm, accurate throw</li><li>• Be ready to lift cleats clear of ground (if collision is likely)</li></ul>	



(Frame-by-frame sequences of Chris Clem captured by Peter Gahan, 2003. Text by Peter Gahan)

## Double plays: Turns by Second Baseman

### 1. Routine turn (Accurate throw from SS or 3B)



- Left toe on centre-field corner of base
- Wide base
- Shoulders aligned to 1B

- Move weight onto right foot and turn left foot as ball is transferred for throw

- Firm accurate throw
- Be ready to lift cleats off ground (if collision with runner is likely)

## Variation










- Feet adjacent to corners of base
- Shoulders aligned to 1B
- Read throw

- Move right foot to base as ball is transferred for throw


- Step toward 1B

- Firm accurate throw
- Be ready to lift cleats off ground

## 2. Wide throw (to centre-field side)

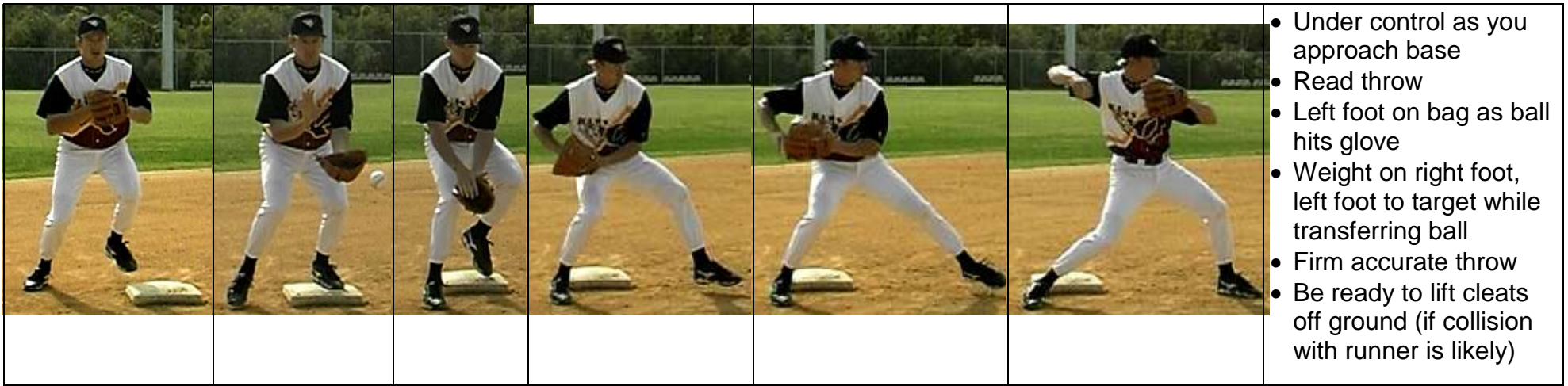
						
<ul style="list-style-type: none"> <li>• Set up as for a routine feed</li> </ul>	<ul style="list-style-type: none"> <li>▪ Step wide with right foot</li> <li>• Retain base contact with left foot</li> </ul>	<ul style="list-style-type: none"> <li>• Drag left foot as anchor to prevent help retain balance</li> </ul>	<ul style="list-style-type: none"> <li>• Drive off right foot to throw</li> </ul>			

## 3. Wide throw (to infield side)

						
<ul style="list-style-type: none"> <li>• Set up as for a routine feed</li> </ul>	<ul style="list-style-type: none"> <li>• Step to ball (over base) with left foot</li> </ul>	<ul style="list-style-type: none"> <li>• Replace feet &amp; throw</li> <li>• Be ready to lift cleats off ground (if collision with runner is likely)</li> </ul>				

**Variation on a low feed, moving through the base (Inaccurate throw from SS or 3B)**





- Under control as you approach base
- Read throw
- Left foot on bag as ball hits glove
- Weight on right foot, left foot to target while transferring ball
- Firm accurate throw
- Be ready to lift cleats off ground (if collision with runner is likely)









**Double plays: Feeds by Third Baseman**

**1. Backhand double play (ball non-glove side)**



- Field (preferably in front of right foot, although at times this may not be practical)
- Push off right foot, toward 2B
- Fire & follow

2. Self-executed double play (with runners on 1<sup>st</sup> & 2<sup>nd</sup>, ball on backhand side which leads 3<sup>rd</sup> Baseman to base")

				<ul style="list-style-type: none"><li>• Field the ball</li><li>• Maintain momentum toward the base</li></ul>
				<ul style="list-style-type: none"><li>• Adjust footwork to touch base with right foot</li><li>• Push off toward 1B</li><li>• Fire &amp; follow</li></ul>