



Baseball NSW, in partnership with The Optimisation Hub, is offering an advanced educational resource to coaches looking to develop their skills and improve their overall coaching ability.

The Coach's Voice is an independent learning resource that is designed to assist coaches to maintain high-intensity energy, focus and resilience in any situation, as well as working effectively with a range of stakeholders and audiences. The program maintains a focus on developing both the skills required to coach effectively, but also develop those skills required by high-performance athletes.

[To register, click here.](#)

1. Introductory Course For emerging coaches

- Course Dates:
Starts Thursday 2nd July – 23rd July
from 6pm – 7pm weekly
- Course Length:
4x 1 hour online sessions
- Group Range: 20-40 people
- Course Cost: \$69pp
- For level 1 Coaches who are looking to develop their group competency skills, team communication, team leadership, broader management of both parents and children. Develop knowledge, coach communication, mental health as well as balance in coaching literacy. The Introductory Program is a core program to build the confidence of coaches at different stages, by building a cohesive team within the workshop.

2. Professional Coaches Standard

- Course Dates:
Starts Tuesday 7th July – 28th July
from 6pm – 7pm weekly
- Course Length:
4x 70min online sessions
- Group Range: 20-40 people
- 16pp online workbook
- Course Cost: \$89pp
- Coaches is a program we have selected which is a more complex program, supported by a small workbook to extend the learnings. It is designed for coaches who work with older and more complex teams. This level of coaching program carries the weight of a workbook to reinforce the learning.



3. Professional Coaches Premium.

- Course Dates:
Starts Sunday 5th July – 26th July
from 6pm – 7pm weekly
- Course Length:
4x 90min online sessions
- Group Range:
15-25 people
- Individual Questionnaire
& 24pg workbook
- Course Cost: \$129pp
- The coaching program that takes on the level three coach that prepares them for working with national and state representative athletes as well as the demands coaches face in these areas. Coaches at this level are looking to develop the tools to establish coaching frameworks and develop their coaching brand.

4. The Advanced Professional

- Course Dates:
Starts Sunday 5th July – 26th July
from 6pm – 7pm weekly
- Course Length:
4x 90min online sessions, inclusive of a personalised one-to-one session
- Group Range:
15-25 people
- 24pg online workbook
- Course Cost: \$189pp
- This program mirrors Professional Coaches Premium with the addition of personalised one-to-one sessions.

[Click Here To Register](#)

For more information on each of our programs head over to the [Baseball NSW website](#)