

ANNOUNCEMENT

Under 12 and under 14 showcase

Baseball NSW is looking to conduct a Showcase for all registered players in League ages 11, 12, 13, 14.

The purpose of the Showcase is to compile a database of information so that we can identify players who might be interested in the following events that Baseball NSW will be offering over the next 12 months:

- Super Series Composite Teams
- Interstate Tours
- International Tours

The Showcase will also be useful for the individual players in that it will enable them to assess where they are at in terms of physical development on the performance pathway.

We will be testing players on the following activities during each session:

- Throwing velocity (Arm Strength)
- Ball exit velocity (Raw Offensive Power)
- Blast motion swing metrics (Swing analysis)
- 60-yard run time (Running Speed)
- Agility test (Athleticism)
- Standing long jump (Lower Limb Power)

With a large number of players expected to register for the Showcase, we have organised several days/times for you to register your child. The Showcase will be conducted at Blacktown International Sports Park (Field 3) on the following dates:-

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|-------------------------|-------------|
| – Tuesday 8th October | 6pm to 9pm |
| – Thursday 10th October | 6pm to 9pm |
| – Sunday 13th October | 9am to 12pm |
| – Sunday 13th October | 1pm to 4pm |
| – Sunday 20th October | 9am to 12pm |
| – Sunday 20th October | 1pm to 4pm |

Every player needs to wear full baseball uniform and bring all your own gear as if you were playing a game. It is advisable to also bring your own water and sun-screen (for daytime sessions).

To register your child for the 2019 Showcase, [click here](#) and select your desired session

If anyone has any questions at all about the 2019 Showcase please contact Grahame Cassel on 0418 644 286, or email grahame@baseballnsw.com.au